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DAACCS LATEST NEWS

February 2022

www.daaccs.com.au

[Disability Aging And Community Care Services | Facebook](#)

Did you know?

The Human Rights Commission Act 2015 outlines the roles and responsibilities of the Public Advocate (PA). In brief, the PA's functions are to:

- advocate for the rights of children, young people and adults, including those with disability
- encourage the development of relevant programs, foster the provision of services and support the establishment of specific organisations
- promote the protection of children, young people and adults from abuse and exploitation
- represent forensic patients before the ACT Civil and Administrative Tribunal or at court.

Phone: 02 6205 2222

Email: PublicAdvocateReferrals@act.gov.au

Spanish Flu: In 1918, a strain of influenza known as Spanish flu caused a global pandemic, spreading rapidly and killing indiscriminately. Young, old, sick and otherwise-healthy people all became infected, and at least 10% of patients died.

Estimates vary on the exact number of deaths caused by the disease, but it is thought to have infected a third of the world's population and killed at least 50 million people, making it the deadliest pandemic in modern history. Although at the time it gained the nickname "Spanish flu," it's unlikely that the virus originated in Spain.

COVID-19

COVID-19 Dieticians Association of Australia

As we're spending more time at home, why not take this time to whip up some nutritious (and delicious) meals!

Accredited Practising Dietitian, and DA Media Spokesperson Themis Chryssidis takes you through five recipes that the whole family will enjoy! They are quick and simple to make, using ingredients that are easy to source (and it is likely that you'll have them in your pantry/fridge already!)

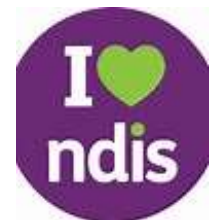
Whether you're wondering what to do with lentils, looking for new ways to use bread that you have frozen, after something a little bit fancy, or just would prefer to not do too much washing up – then these are the dishes for you.

Check out their website:

[Cooking during COVID-19 » Dietitians Australia](#)



Fact: February is named for the Latin word februum which means purification.



WHAT'S HAPPENING IN THE NDIS WORLD

Latest information – Disability Reform Ministers' Meeting and my NDIS app

Commonwealth, state and territory disability ministers met on 10 December 2021 for the Disability Reform Ministers' Meeting (DRMM). Ministers reflected on the progress of reform agenda items including the endorsement and launch of [Australia's Disability Strategy](#) and the Targeted Action Plans on International Day of People with Disability. Chairperson, Minister for the National Disability Insurance Scheme (NDIS) and Minister for Government Services, Senator the Hon Linda Reynolds CSC, led discussions on NDIS financial sustainability, hospital discharge and disability accommodation. Minister Reynolds provided an update on NDIA's work to address fraud, misuse of funds and unethical practices. The meeting also focused on the significant progress of all governments to accelerate COVID-19 vaccination rates for people with disability and disability workers and noted the intensive work to ensure that those not yet vaccinated are able to do so as soon as possible.

The meeting acknowledged the significant contribution of outgoing NDIA Chairperson, Dr Helen Nugent AO to the implementation of the NDIS.

For more information, [read the Communique 10 December](#) on the Department of Social Services website.

my NDIS app

The NDIS have developed the 'my NDIS' app mobile phone app for NDIS participants. NDIS have worked closely with participants to build an app that's accessible and meets their needs. The app provides a more accessible and user friendly digital experience for self-managed NDIS participants. Self-managed participants can use the app to make and manage claims and view self-managed budget and personal details.

You can learn more about the app [on our website](#), or download it on the [Google Play Store](#) or the [Apple App Store](#).

Respite at Ginger House

DAACCS has a 24/7 respite house available for bookings. DAACCS can support you to have a break away at our respite home located in Palmerston ACT. We can provide group or 1:1 care tailored to your care needs. If you or your loved one needs a break please contact us to organise a booking: 0410 213 411

Due to the high number of COVID cases in Canberra:

DAACCS support workers have been directed to wear both facemasks and face shields indoors. This decision has not been mandated by ACT Health, it is a decision we at DAACCS have implemented as an additional precaution to protect both participants and staff.

DAACCS office will be open by appointment only. Please call the office on 02 8004 8412 Monday to Friday 9am to 5pm to arrange an appointment.

Meet our team

**Avneesh
Director**



"Be so happy that when others look at you, they become happy too"

What is a fun or interesting fact about your hometown?

Jalandhar is the third most-populous city in the Indian state of Punjab and the largest city in Doaba Region. Famous for producing sporting goods and hand tools.



What are three items you'd take with you to a deserted island?

Happy wife, happy life! so what ever Seema tells me to take!

If you could only eat one meal for the rest of your life, what would it be?

Butter chicken

If you could change something in the world, what would it be?

Create a world with no borders or religion. Everyone is equal.

What is your favourite thing to do when you're not working?

Playing with power tools, making (or breaking) things 😊



What is your favourite song from your teenage years that you still rock out to when nobody else is listening?

Tera Yaar Bolda by Surjit Bindrakhia

If you were a Disney character, who would you be?

Jerry



What do you like best about being the Director at DAACCS?

I love the passion and commitment of the DAACCS team and being able to make a difference in people's lives. I really love all the positive feedback from participants and families about the DAACCS team and the great work they do.